



JOB OPENING: RETREAT CENTER COOK

IMS is seeking a self-starter to join our Kitchen Department. This department is responsible for smooth-running kitchens at both our meditation centers—the Retreat Center and the Forest Refuge. These two facilities are set on some 200 secluded wooded acres in the quiet countryside of central Massachusetts.

This cook position is based at the Retreat Center and offers an abundance of dharma resources and support, within a friendly and caring environment.

Principal Responsibilities

- Prepare and serve tasty and nutritious vegetarian meals on time.
- Maintain an orderly and efficient workplace.
- Ensure work environment meets or surpasses hygiene and safety standards set by regulations.
- Train and support retreatants in kitchen tasks.

Qualifications/Experience

- Good organizational skills with the ability to multitask in a kitchen environment.
- A solid work ethic with a capacity to self-direct.
- Ability and commitment to work as part of team.
- A customer service orientation, demonstrating good communication skills.
- Professional experience cooking for large groups strongly preferred.
- Intention to support and protect our retreat environment and spiritual refuge.
- A sincere interest in meditation practice and a commitment to integrate ethical principles into daily life.

Physical Demands

- This position involves standing for long periods and requires physical labor including lifting items weighing up to 50 lbs.



Accepting applications until December 16, 2009

Position to start ASAP

This is a full-time position, paid hourly, offering health benefits, meal plan options and optional housing, as well as generous paid time off and participation in the IMS Staff Sangha Program.

Qualified applicants, please send IMS Staff Application (available on website) to:
HR Manager, IMS, at the address below or email hr@dharma.org.



IMS is a spiritual refuge for all who seek freedom of mind and heart. We offer meditation retreats rooted in the Theravada Buddhist teachings of ethics, concentration and wisdom. These practices help develop awareness and compassion in ourselves, giving rise to greater peace and happiness in the world.

All IMS staff are requested to undertake the Five Precepts, guidelines for ethical living that help ensure communication and behavior are reflective of the organization's values.